

# Considering a tummy tuck?

Here are some questions you should ask your plastic surgeon.

- Am I a good candidate for a tummy tuck?
- What type of tummy tuck do you recommend for me?
- How many tummy tuck procedures have you performed?
- Are you board-certified and by what medical board?
- Do you have any before-and-after pictures of former tummy tuck patients I can see?
- Can I speak to one of your former tummy tuck patients?
- What are the risks associated with tummy tucks?
- What guidelines should I follow prior to my tummy tuck?
- Can you help me quit smoking before my tummy tuck?
- Do I have to lose weight before undergoing a tummy tuck? If so, how much?
- What type of anesthesia will be used for my tummy tuck?
- Is a tummy tuck painful?
- Will I need to miss work after my tummy tuck?
- When can I exercise after my tummy tuck?
- What other postoperative directions do I need to follow after my tummy tuck?
- What happens if I gain weight after my tummy tuck?
- Is there anything to help with scars after a tummy tuck?
- When can I reveal my new tummy in a bikini after a tummy tuck?
- Can I become pregnant again after a tummy tuck?
- Will a tummy tuck affect my stretch marks?
- Will I also need liposuction after my tummy tuck?
- Can I have a second tummy tuck in the future if I need one?

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